



Dated: Nov 15th, 2017

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To,
Dr. Naryanasamy Sangeetha
Coordinator
Pondicherry University Day Care Centre (DCC) and
Pre-Primary School, Pondicherry University (PUPPS)
Puducherry – 605 014

Sub: Report & Recommendation regarding children with hand, foot and mouth disease

Reference: PU/PUPPS/ dated 10/11/02017

Madam,

In continuation with your letter as cited above and following the visit by Dr. Amit Kumar Mishra, Assistant Professor & Dr. Mercy, Junior Resident (PG) on Friday 10th November 2017 and the clinical examination of all the children available at the Day Care Centre and PUPPS by Dr. Remya Raj, Assistant Professor, Dept of Dermatology on 14/11/2017; It was found that 11 under five children have active infection of hand, foot and mouth disease which is caused by different viruses. Symptoms often include the following: fever, reduced appetite, sore throat, painful sores in the mouth, rashes of flat red spots that may blister on the palms, soles, and sometimes the knees, elbows, buttocks, and/or genital area. The illness is typically mild, and nearly all people recover in 7 to 10 days without medical treatment. People with HFMD are most contagious during the first week of their illness.

Recommendation:

1. The affected students are advised to stay at their respective homes till the lesions disappear; this will prevent the spread of infection to other children in the DCC & PUPPS.
2. The children having any other complaints may contact the PIMS, Medical Officer at the University Health Centre.
3. As per WHO guidelines, closure of the day care centre for a duration of 7 to 10 days may prevent the spread of infection to other children.

We will be glad to provide any further support and help if required.

Yours sincerely,

Dr. Anil J. Purty
Prof. & HOD,

Dr. ANIL J. PURTY, MD., DNB., MNAMS.
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Puducherry - 605 014.

Copy to (for kind information)

1. The Director- Principal, PIMS
2. The Additional Medical Superintendent (Admin.), PIMS
3. The HODs of Paediatrics, Microbiology, Dermatology, PIMS
4. The MO i/c (PIMS) University Health Centre